

# GET READY TO ENROLL



## You're two easy steps away from enrolling in a Cigna SureFit plan

### 1. Check your zip code

To be eligible for a Cigna SureFit® health plan, you and any covered dependents must live in the plan's service area.\* Ask your employer for a list of zip codes in the service area, and make sure your home zip code is included.

#### Don't forget your dependents' locations.

If any of the dependents you want to cover live temporarily outside of the Cigna SureFit service area (such as a college student who goes to school out of state), you can enroll them in a Cigna SureFit plan, but they may need to schedule appointments for care when they're home. Otherwise, their care may not be covered (except for urgent or emergency care). You may also choose to enroll your entire family in an out-of-area plan option (ask your employer for details).

If you want to cover a dependent who lives permanently outside of the Cigna SureFit service area, you will need to choose a different plan offered by your employer (ask your employer for details).

### 2. Choose a health care provider

Select a primary care provider (PCP) within the Cigna SureFit network for yourself and each covered family member.\*\*

#### Here's how:

- Go to **Cigna.com** and click "Find a Doctor, Dentist or Facility" at the top of the page.
- Under "Not a Cigna Customer Yet?" click on "Plans through your employer or school."

- Under "Find Providers," type in your location in the "Search Location" box. Under "Select a Plan," click "Pick."
- Select "Medical Plans."
- From the drop-down list, select "Cigna SureFit®" and then click "Choose."
- If you want to search for a specific doctor, enter the doctor's name in the "Search" box. Or click "Browse the A-to-Z glossary" and select "PRIMARY CARE PROVIDERS" for a list of PCPs in your area. Click the magnifying glass to see your results.
- Choose a PCP from the list and write down the doctor's PCP ID number. Choose a PCP for each covered family member.

Give your employer the PCP ID numbers for yourself and each covered family member during enrollment.



#### We're here to help

**Cigna One Guide®** service offers personalized support during enrollment.

Call 855.244.6216 (Monday through Friday, 8:00 am-midnight EST) for help choosing a plan or finding a PCP.

Together, all the way.®



Offered by Cigna Health and Life Insurance Company.

Use this handy chart to have your doctor IDs ready for enrollment.

FAMILY MEMBER	DOCTOR'S NAME	DOCTOR'S PCP ID NUMBER



\* This plan does not offer a multi-state or national network. To receive in-network coverage under this plan, your care must be received through the community of care network (except in emergencies). See your plan materials for more information.

\*\* If you don't choose a PCP at the time of enrollment, one will be assigned to you. You can change your PCP at any time.

The providers that participate in the Cigna network are independent contractors solely responsible for any treatment provided. They are not agents of Cigna. Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and complete details of coverage, contact your Cigna representative.

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